SOAR SAFETY STATEMENT







CARING FOR YOU

SOAR WORKSHOPS CAN BE AN IMPACTFUL EXPERIENCE FOR BOTH THE YOUNG PEOPLE AND THE ADULTS WHO TAKE PART.



SOAR FOUNDATION

We have worked with over 40,000 young people in hundreds of schools all over Ireland. Soar Facilitators and our Child Protection Team are highly trained, skilled and experienced at creating a structured, safe environment within our workshops where young people make a connection to themselves, the Facilitators and each other.

YOUNG PEOPLE ARE ABLE FOR THIS Consistently, within our workshops, young people are sharing with their peers many different issues they have been carrying, in some cases for a long time. The coping skills and resilience of young people is often in stark contrast to how adults in their world perceive their coping skills to be. The Soar workshops are an opportunity for young people to listen to each other, share and support each other.

WE ARE HERE FOR YOU

Before and after each workshop our Child Protection Team link in with the staff that are part of the schools Care Team i.e. Guidance Counsellors and/or Pastoral Care Team or any other staff member that fulfils this support role. This allows Soar to share our knowledge and expertise of organisations that work with young people both nationally and locally providing the curative support that some young people may need. Referrals to these organisations can be part of a care plan for young people as they continue to draw on their own coping skills, resiliency and support from their peers.

WHAT HAPPENS NEXT:

- 1) Our Child Protection Team will contact you in the next few days to carry out a post program follow up with your school to ensure any at-risk or vulnerable young people get the ongoing support and after care they may need.
- 2) If a young person seeks help before we call you, please know that Our Child Protection Team are here to support you and share our knowledge and expertise of organisations that work with young people both nationally and locally providing the curative support that some young people may need. You can email youngpeople@soar.ie
- 3) If any other young person that may not have attended the workshop today would like additional support we are also happy to speak with you and support you to find the right option for them.
- 4) It was a big day for everyone today so make sure you look after yourself this evening and for the next few days. Be kind to yourself and get in touch at any point, even if it is in a few weeks, if you need to chat about the workshop you experienced.



The Soar foundation www.soar.ie